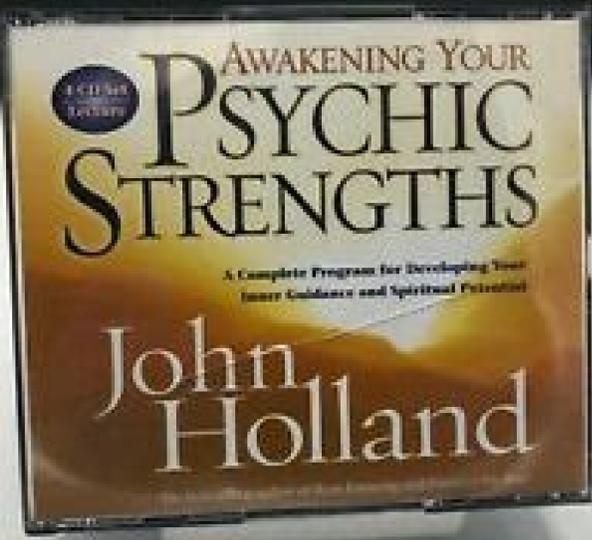


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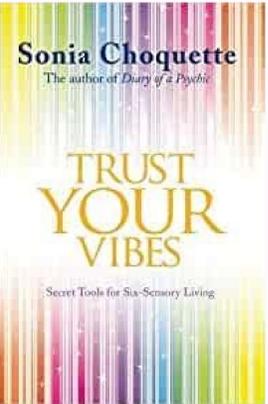
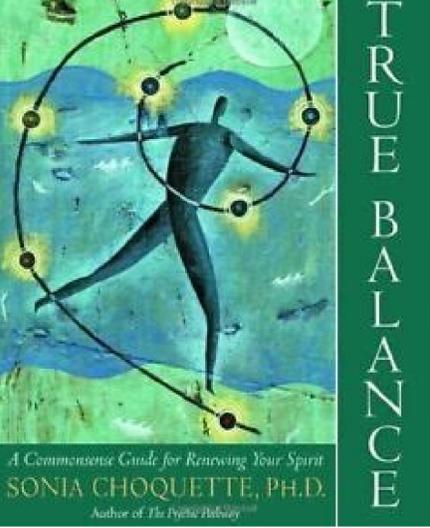
The Answer
Is Simple



Sonia Choquette
The author of *Jump of a Feather*

TRUST YOUR
VIBES

A Psychic's Secrets
That Will Change Your Life



She offers a grab-bag of New Age therapeutics to help readers tune into their vibes, including diet and exercise tips, meditation and aromatherapy techniques, little art projects to sharpen intuition and a "green fire" ceremony in which old, stale vibes are purged. It is a pathway of life lived with the belief and understanding that you are a soul, and that spiritual growth is your primary purpose." Sonia's own path has encompassed numerous best-selling books published in more than 23 countries, speaking and conducting workshops around the globe, thousands of grateful clients and a home in Chicago that she shares with husband Patrick Tully, daughters Sonia and Sabrina, and a poodle named Miss T. Sonia was educated at the University of Denver and the Sorbonne in Paris, and holds a Ph.D. in metaphysics from the American Institute of Holistic Theology. Trust her vibes!"— Billy Corgan, singer, songwriter, and founder of the Smashing Pumpkins and Zwan "For more than 14 years, Sonia Choquette has been a trusted advisor and tour guide of my life. These oracle cards provide immediate access to your Divine Spirit, where you receive specific guidance and direction for any and all challenges facing you in life. About the Author: A highly trained intuitive, with extensive background in the mysticism of East and West, Sonia was educated at the University of Denver and at the Sorbonne in Paris, and holds a Ph.D. in metaphysics. The good news is that we're all naturally designed to be 'sixth-sensory.' Without being connected to this incredible inner guidance system, we become lost and disoriented. In her first book, The Psychic Pathway, Sonia states, "The psychic pathway i the pathway of the soul. Working with and strengthening our intuition is becoming more and more fundamental to our ability to live harmoniously with ourselves and others in the new world order." Paying attention to the sixth sense, learning to listen, to trust it, to train oneself to call on its guidance, these are the challenges facing six-sensory people trapped in a five-sensory culture. Her vision gives me confidence in myself and what lies in store for me. For those looking for New Age guidance, Choquette ably promotes ways to listen to one's feelings, body, and instincts for clues and cues on the way to a more harmonious and successful life. Sonia Choquette, a world-renowned intuitive guide and spiritual teacher, is the author of 19 international best-selling books, including the New York Times bestseller The Answer Is Simple . Sonia's mission is to help people integrate a strong and trustworthy intuition into their daily lives. "We're all spiritual beings endowed with six, not five senses, and, even more important, we need that sixth sense, our intuition or our 'vibes,' to fulfill our life's purpose and be peaceful and happy. Like-minded readers will find her own vibe warmly reassuring. Drawing on anecdotes from her psychic consultancy, Choquette (Diary of a Psychic) contends that vibes are significant indicators of both peril and profit. ""We're all spiritual beings endowed with six, not five senses, and, even more important, we need that sixth sense, our intuition or our 'vibes,' to fulfill our life's purpose and be peaceful and happy. Her book Trust Your Vibes is a divine example of this, as she openly shares ways for us to connect with our intuition and enhance our lives. I grew up in an environment that treated intuition not only as natural, but actually essential to successful navigation in life. The good news is that we're all naturally designed to be 'sixth-sensory.' Without being connected to this incredible inner guidance system, we become lost and disoriented. This isn't the natural way to live, nor is it necessary to live like this." --This text refers to an out of print or unavailable edition of this title. With the onset of the changing world we now live in, Sonia emphasizes that using our intuition is "no longer optional ; as well as numerous audio programs and card decks. Approaching human potential "from the inside, out." Sonia offers a unique brand of grounded and practical techniques for people to use in order to claim their intuitive voice and incorporate it into everyday life. Any company in the 21st century needs to embrace the sixth sense, and Sonia is a wise, dynamic teacher who helps us to 'trust our vibes,' even when others might disagree with the direction. Written in a style that is direct yet friendly and integrating common sense with mysticism, the book makes a good primer for those who sense there's more to life than meets the eye. "Trust your vibes and read this book! The straightforward, practical advice (backed up with solid examples of how well it works) will show you how to use your most valuable asset—your sixth sense."— Cheryl Richardson, the New York Times best-selling author of The Art of Extreme Self-Care "With every word, Sonia's gift to simplify the seemingly complex and arcane 'hidden world' of inner wisdom brings truth closer to the heart. Copyright © Reed Business Information, a division of Reed Elsevier Inc. Although she recounts some amazing stories about ways her clients have used intuition to meet their goals and avoid wrong moves, there is nothing here so outlandish as to cue the Twilight Zone theme—that is, as long as one keeps an open mind about spirit guides and cleansing rituals. When Sonia shares her amazing gifts with you, doors you've never seen before start to open right before your very eyes."— Wendy Miller, Emmy Award-winning producer and writer "Sonia has had a huge impact on our business by helping us to utilize our intuition as a critical building tool. All rights reserved. Without its direction we lose our way. Each card not only offers direction for specific problems, it also reinforces the path to your Higher Self, freeing you from the turbulence and fear of the ego plane. She teaches that our psychic sense's primary function is to guide our soul's growth and keep us connected to our path and purpose. Get a 7-day FREE Trial to Sonia Choquette's The Answer Is Simple Oracle Cards! FEATURES - Give Readings anywhere, anytime on your iOS device* - Choose between 1-card, 3-card, 5-card and 12-card readings* - Save your readings to review at any time* - Email your readings to yourself or share with a friend* - Browse the entire deck of cards in Browse mode - Flip cards over to read each message - Learn more from the complete guidebook *After your 7-day FREE TRIAL, a one-time in-app purchase will unlock these premium features. You can use this deck (and the accompanying guidebook) for specific direction, meditation, life and purpose readings, and to offer guidance to others; as well as to connect to your Divine Self, where drama and stress give way to joy and inner peace. All rights reserved --This text refers to an out of print or unavailable edition of this title. We've loved the results!"— Scott and Kim Holstein, Kim and Scott's Gourmet Pretzels "Sonia's grace and wisdom surpass her extremely gifted psychic abilities, and help us remember the psychic being that lives within each one of us. Ilene Cooper Copyright © American Library Association. Sonia says, "I am intuitive because I was encouraged at all times to be awake, aware, and guided by my sixth sense. Choquette's theory involves a kind of spiritual electromagnetism (readers should "raise their vibration enough to tune in to higher frequencies of energy"), but really concerns the division between "five-sensory people," who can be egomaniacal control freaks, and "six-sensory people," who "go with the flow." Instead of leading cautious, regimented and rationalistic lives, readers should be adventurous, impulsive, "light" and "fluid," secure in the belief that their vibes emanate from a beneficent Universe. It is truly a gift!"— James Twyman, the author of Emissary of Love "Sonia's path is one of self-discovery, of spirit wed to heart and logic."— Charlotte Beers, advertising CEO --This text refers to an alternate kindle edition edition. According to this effusive New Age guide, vibes—intuitions, gut feelings, bodily twinges, meaningful coincidences, the sixth sense—are the key to a spiritually fulfilled life. Choquette, author of Diary of a Psychic (2003), gives readers a practical guide to using their sixth sense. --This text refers to an out of print or unavailable edition of this title. Whether it's those "hunches" or "feelings" or "vibes," everyone has them, but unfortunately most people dismiss or ignore them and sadly miss the benefits. Sadly, few people realize we have this important spiritual sense, let alone know how to access or listen to it. She guides them in how to build a psychic scaffolding to support their sixth sense so they can be bigger than they've ever thought possible. They can signal upcoming crises and health problems, warn of the covert malevolence of others, lead to romantic and career opportunities, open channels to guardian angels and other deities and even help pick stocks. Check out her website: www.SoniaChoquette.com Official Hay House licensed IOS App: www.HayHouse.com © Intuition is a gift that we all have, that we can all experience, that we can all trust and that we all need!" In working with people for more than 32 years of almost daily one-on-one private consultations, Sonia insists that the sixth sense is natural to us all. She also offers suggestions for getting rid of negative impulses and finding solutions to a variety of problems. Choquette skates chattily over the New Age metaphysics and proffers a stream of pleasant anecdotes about prudently heeded vibes with convenient or life-changing consequences. This isn't the natural way to live, nor is it necessary to live like this." — Sonia Choquette --This text refers to an out of print or unavailable edition of this title.

